

Nature Memory Matching Game

Our natural environment contains many different objects which can be used to develop focus, memory and recognition skills. For this month's challenge, create a nature memory matching game using different objects you find in nature.

Go on a nature walk near your house, around your neighborhood, or in a nearby park. Collect a variety of items you find along your walk. These could be rocks, flowers, leaves, acorns, or any other small objects you see. Make sure you collect two of each item in order to make a matching pair. Collect 6 or 8 pairs of matching objects.

Once you have collected all your items, place each one into a small container such as a paper cup or box. Cover each container so that you can't see the item inside, and mix them up so that the objects are in a random order. Place the containers on a table. You can choose to organize them in rows, a circle, or any pattern you like.

The first player selects a container and opens it. That same person will then select another container to try and find a match with the first item. You can only pick up the container to explore the item inside after opening it. If you find a match, you keep the containers. If not, place the covers back on and the next person takes a turn to try and find a match. The game is over when all the items have been matched up. The player with the most pairs of matched objects is the winner.

After you've completed the game, examine the objects more closely. Pay attention to the shapes, colors and textures of each item. Discuss what you see and feel with the other players.



ZoFo Connect

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Flex your memory muscles! This month we are making a nature memory matching game using items you find outside in your natural environment.

Did You Know?

Exercising improves your ability to remember new information. When you exercise, you're not only working the muscles throughout your body, but also the muscles in your mind. Physical activity improves the functioning of the hippocampus, the part of the brain responsible for memory storage.

Disclaimer: Supervision and safety of children participating in these activities is not the responsibility of Zoology Foundation. All children should be accompanied by a responsible adult.

We'd love to see you completing this activity. If you would like, please send us a picture of you playing this game so that we can share it on social media. Please email pictures to info@zoologyfoundation.org.



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